

## 檢驗科 精液檢查注意事項

### Semen collection procedure

~採取檢體前注意事項 Attention before collecting specimen~

#### 步驟 1(Step 1)

檢查精液前，請禁慾 3~5 天，禁慾時間過長或過短皆會影響精蟲。

Before semen test, please do not have sexual activity for 3~5 days, the quality of sperm is influenced by duration of no activity.

#### 步驟 2(Step 2)

取精前應將雙手及生殖器清洗乾淨，已手淫取得精液最佳，性交中斷法次之，禁止使用保險套收集精液。

Please clean both hands and genital organ before taking semen. The best specimen is obtained by masturbation, followed by interrupted intercourse. Do not collect semen using condom

#### 步驟 3(Step 3)

射出的精液應避免遺漏及汙染，將全部的精液裝於指定支無菌容器中。

The seminal fluid must be collected in the aseptic container. Do not discard or contaminate any semen.

~送檢時注意事項 Attention for transportation specimen~

#### 步驟 4(step 4)

檢體採集後必須於 30 分鐘內送到亞洲大學附屬醫院二樓檢驗科。

The specimen must be brought to OPD laboratory on 2F, Asia university hospital.

#### 步驟 5(Step 5)

送檢過程可將檢體容器置於靠近身體衣服口袋內保暖。

Bring the specimen container in the pocket close to your body, in order to keep semen warm.

#### 步驟 6(Step 6)

此項檢查將由專人為您進行檢驗，麻煩注意送檢時間，以免耽誤您的權益，送檢時間為星期一至星期五:上午 8:00~11:00，下午 1:00~4:00；星期六:上午 8:00~11:00，假日不受理檢查，不便之處尚請見諒。

This test will be done by the specialist, please bring the specimen to our lab during 8:00~11:00AM, 1:00~4:00PM. Weekday /8:00~11:00AM Saturday.

條碼黏貼處

送檢前請確實填寫下列表格資料 Please fill in the following form:

姓名 Name		病歷號碼 Medical record number		連絡電話 Telephone number	
收集時間 Time	點 分 :	收集方式 Method	<input type="checkbox"/> 手淫 Masturbation <input type="checkbox"/> 性交中斷 Interrupted intercourse	禁慾天數____天 No sexual activity: ____days	