

## 尿液培養檢查衛教單

### Urine specimen collection procedure



請領取檢體採集盒和檢袋，並至洗手間採尿。

Take safety bag and sterile urine container, collect urine in the toilet.

請先將其段尿捨棄，中段尿以檢體採集盒盛接約 1/3 杯，其餘尿液都解至馬桶丟棄。

Avoid first bit of urine and collect midstream urine to 1/3 height of container, discard rest of urine.

請將尿液檢體及檢驗單一同放入夾鏈袋中交給檢驗人員。

Put the container and the specimen sheet into the safety bag, seal up the bag, return to the laboratory.

#### 注意事項:

1. 收集時已檢體收集盒裝「中段尿」，1/3 杯為宜，容器要乾淨，避免汙染  
Collect midstream urine in the sterile urine cup up to 1/3 height of cup ,avoid contamination and leakage.
2. 採集檢體後立即送檢，試溫下不超過 1 小時為原則。  
Send the specimen to the laboratory immediately or less than 1 hour.
3. 收檢地點:亞洲大學附屬醫院 2 樓檢驗科